


October 2024

Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:45 Exercise Video 1 9, 1:30 & 6:30 Coffee Break 10:00 Pumpkin Painting 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo	8:45 Exercise Video 2 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 10:00 Craft with Leandra 9:50 Documentary 12 & 1 Rummikub 1:15 National Geographic 2:30 Bingo	8:45 Exercise Video 3 9:00 Coffee Break 9:30 Ladies Prayer 10:00 Puzzle Races 10:30 Bible Project 1:30 Coffee Break 6:00 Chapel 7:00 Coffee Break	8:45 Exercise Video 4 9, 1:30 & 6:30 Coffee Break 9:00 Van to Walmart 10:00 Men's Dominoes 1:00 Womens' Dominoes 1:15 Mystery Drive 2:30 Bingo	8:45 Exercise Video 5 9, 1:30 & 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee 2:00 Pool
8:30 Van to RMBC 6 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen 1:30 Board Games 6:00 New Life Community sermon on Channel 3	8:45 Exercise Video 7 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 12 & 1 Rummikub 2:00 Treats in Barbara's 2:30 Bingo	8:45 Exercise Video 8 9, 1:30 & 6:30 Coffee Break 9:30 Officers' Meeting 10:00 Craft Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 1:45 Shredding 2:30 Bingo / 5:00 Barn Party	8:45 Exercise Video 9 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 10:00 Documentary 12 & 1 Rummikub 1:15 National Geographic 2:00 Coffee Shop Special	8:45 Exercise Video 10 9:00 Coffee Break 9:30 Ladies Prayer 10:00 Puzzle Races 10:30 Bible Project 1:30 Pampered Hands 1:30 Coffee Break 6:00 Chapel 7:00 Coffee Break	8:45 Exercise Video 11 9, 1:30 & 6:30 Coffee Break 9:00 Van to Walmart 10:00 Bingo 10:00 Men's Dominoes 1:00 Womens' Dominoes 1:15 Skip-Bo 2:00 Classic TV Hour	8:45 Exercise Video 12 9, 1:30 & 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee 2:00 Pool
8:30 Van to RMBC 13 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen 1:30 Board Games 6:00 New Life Community sermon on Channel 3	8:45 Exercise Video 14 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 12 & 1 Rummikub 2:00 Treats in Barbara's 2:30 Bingo	8:45 Exercise Video 15 9, 1:30 & 6:30 Coffee Break 9:30 General Meeting 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo	8:45 Exercise Video 16 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:50 Documentary 12 & 1 Rummikub 1:15 National Geographic 2:30 Bingo	8:45 Exercise Video 17 9:00 Coffee Break 9:30 Ladies Prayer 10:00 Puzzle Races 10:30 Bible Project 1:30 Coffee Break 6:00 Chapel 7:00 Coffee Break	8:45 Exercise Video 18 9, 1:30 & 6:30 Coffee Break 9:00 Van to Walmart 10:00 Bingo 10:00 Men's Dominoes 1:00 Womens' Dominoes 1:15 Sequence 2:00 Old Marine	8:45 Exercise Video 19 9, 1:30 & 6:30 Coffee Break 9:00 Chinese Checkers 11-1 CAR SHOW 1:00 Movie Matinee 2:00 Pool
8:30 Van to RMBC 20 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen 1:30 Board Games 6:00 New Life Community sermon on Channel 3	8:45 Exercise Video 21 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 12 & 1 Rummikub 2:00 Treats in Barbara's 2:30 Bingo	8:45 Exercise Video 22 9, 1:30 & 6:30 Coffee Break 10:00 Curiosity Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 1:30 Armchair Travels 2:30 Bingo	8:45 Exercise Video 23 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:50 Documentary 12 & 1 Rummikub 1:15 National Geographic 2:30 Bingo	8:45 Exercise Video 24 9:00 Coffee Break 9:30 Ladies Prayer 10:00 Puzzle Races 10:30 Bible Project 1:15 Pampered Hands 1:30 Coffee Break 6:00 Chapel 7:00 Coffee Break	8:45 Exercise Video 25 9, 1:30 & 6:30 Coffee Break 9:00 Van to Walmart 10:00 Bingo 10:00 Men's Dominoes 1:00 Womens' Dominoes 1:15 Sequence 2:00 Birthday Party 6:00 Rio Trio	8:45 Exercise Video 26 9, 1:30 & 6:30 Coffee Break 9:00 Chinese Checkers 9:00 4-H Mini Fair 1:00 Movie Matinee 2:00 Pool ACTIVITIES MAY BE SUBJECT TO CHANGE
8:30 Van to RMBC 27 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen 1:30 Board Games 6:00 New Life Community sermon on Channel 3	8:45 Exercise Video 28 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 12 & 1 Rummikub 2:00 Treats in Barbara's 2:30 Bingo	8:45 Exercise Video 29 9, 1:30 & 6:30 Coffee Break 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo	8:45 Exercise Video 30 9, 1:30 & 6:30 Coffee Break 9:00 Silver Sneakers 9:50 Documentary 12 & 1 Rummikub 1:15 National Geographic 2:30 Bingo	8:45 Exercise Video 31 9:00 Coffee Break 9:30 Ladies Prayer 10:00 Puzzle Races 10:30 Bible Project 1:30 Coffee Break 6:00 Chapel 7:00 Coffee Break	