






# July 2024

# Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>8:30 Van to RMBC</b> 7 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen <b>1:30 Board Games</b> 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 1 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> 9:00 Men's Prayer <b>9:00 Van to Town</b> 12 &amp; 1 RummiKub <b>2:00 Treats in Barbara's</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 2 9, 1:30 &amp; 6:30 Coffee Break <b>10:00 Craft Corner</b> 10:00 Men's Dominoes 1:00 Women's Dominoes <b>1:15 Board Games</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 3 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> <b>9:50 Documentary</b> <b>10:00 Craft With Leandra</b> 12 &amp; 1 RummiKub <b>1:15 National Geographic</b> <b>2:30 Bingo</b> <b>8:30 Fireworks</b></p>	 <p>8:45 Exercise Video 4 9, 1:30 &amp; 6:30 Coffee Break 9:00 Ladies Prayer <b>10:00 Patriotic Program</b> <b>2-4 Live Music in HCC Dining</b></p>	<p>8:45 Exercise Video 5 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Van to Walmart</b> 10:00 Men's Dominoes 1:00 Womens' Dominoes <b>1:15 Sequence</b> <b>1:15 Ice Cream Outing</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 6 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee <b>2:00 Pool</b></p>
<p><b>8:30 Van to RMBC</b> 7 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen <b>1:30 Board Games</b> 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 8 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> 9:00 Men's Prayer <b>9:00 Van to Town</b> 12 &amp; 1 RummiKub <b>2:00 Treats in Barbara's</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 9 9, 1:30 &amp; 6:30 Coffee Break <b>9:30 Officers' Meeting</b> 10:00 Men's Dominoes 1:00 Women's Dominoes <b>1:15 Board Games</b> <b>1:45 Shredding</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 10 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> <b>10:00 Bingo</b> <b>9:50 Documentary</b> 12 &amp; 1 RummiKub <b>1:15 National Geographic</b> <b>2:30 Coffee Shop Special</b></p>	<p>8:45 Exercise Video 11 9:00 Coffee Break 9:30 Ladies Prayer <b>10:15 Pool &amp; Ping Pong</b> <b>10:30 Bible Project</b> 1:30 Coffee Break <b>6:00 Chapel</b> 7:00 Coffee Break</p>	<p>8:45 Exercise Video 12 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Van to Walmart</b> <b>10:00 Bingo</b> 10:00 Men's Dominoes 1:00 Womens' Dominoes <b>1:15 Skip-Bo</b> <b>2:30 Classic TV Hour</b></p>	<p>8:45 Exercise Video 13 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee <b>2:00 Pool</b></p>
<p><b>8:30 Van to RMBC</b> 14 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen <b>1:30 Board Games</b> 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 15 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> 9:00 Men's Prayer <b>9:00 Van to Town</b> 12 &amp; 1 RummiKub <b>2:00 Treats in Barbara's</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 16 9, 1:30 &amp; 6:30 Coffee Break 10:00 Men's Dominoes <b>10:00 Craft Corner</b> 1:00 Women's Dominoes <b>1:15 Board Games</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 17 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> <b>9:50 Documentary</b> <b>11:00 Lunch Out</b> 12 &amp; 1 RummiKub <b>1:15 National Geographic</b> <b>1:15 Cards w/Mary Ann</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 18 9:00 Coffee Break 9:30 Ladies Prayer <b>10:15 Pool &amp; Ping Pong</b> <b>10:30 Bible Project</b> <b>1:15 Pampered Hands</b> 1:30 Coffee Break <b>6:00 Chapel</b> 7:00 Coffee Break</p>	<p>8:45 Exercise Video 19 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Van to Walmart</b> <b>10:00 Bingo</b> 10:00 Men's Dominoes 1:00 Womens' Dominoes <b>1:15 Sequence</b> <b>2:00 Matinee at the Bijou</b></p>	<p>8:45 Exercise Video 20 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee <b>2:00 Pool</b></p>
<p><b>8:30 Van to RMBC</b> 21 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen <b>1:30 Board Games</b> 6:00 New Life Community sermon on Channel 3</p>	<p>7:00 Barber 22 8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> 9:00 Men's Prayer <b>9:00 Van to Town</b> 12 &amp; 1 RummiKub <b>2:00 Treats in Barbara's</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 23 9, 1:30 &amp; 6:30 Coffee Break 10:00 Men's Dominoes 1:00 Women's Dominoes <b>1:15 Board Games</b> <b>1:30 Armchair Travels</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 24 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> <b>10:00 Semi-Annual Meeting</b> 12 &amp; 1 RummiKub <b>1:15 National Geographic</b> <b>1:15 Documentary</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 25 9:00 Coffee Break 9:30 Ladies Prayer <b>10:15 Pool &amp; Ping Pong</b> <b>10:30 Bible Project</b> 1:30 Coffee Break <b>6:00 Chapel</b> 7:00 Coffee Break</p>	<p>8:45 Exercise Video 26 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Van to Walmart</b> <b>10:00 Bingo</b> 10:00 Men's Dominoes 1:00 Womens' Dominoes <b>1:30 Birthday Party</b></p>	<p>8:45 Exercise Video 27 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee <b>2:00 Pool</b></p>
<p><b>8:30 Van to RMBC</b> 28 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:15 The Chosen <b>1:30 Board Games</b> 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 29 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> 9:00 Men's Prayer <b>9:00 Van to Town</b> 12 &amp; 1 RummiKub <b>2:00 Treats in Barbara's</b> <b>2:30 Bingo</b></p>	<p>8:45 Exercise Video 30 9, 1:30 &amp; 6:30 Coffee Break <b>10:00 Craft Corner</b> 10:00 Men's Dominoes 1:00 Women's Dominoes <b>1:15 Board Games</b> <b>2:00 Bingo</b></p>	<p>8:45 Exercise Video 31 9, 1:30 &amp; 6:30 Coffee Break <b>9:00 Silver Sneakers</b> <b>9:50 Documentary</b> 12 &amp; 1 RummiKub <b>1:00 JC Penney, Visalia</b> <b>1:15 National Geographic</b> <b>2:30 Bingo</b></p>	   <p>ALL ACTIVITIES MAY BE SUBJECT TO CHANGE.</p>		